

# BALANCE WORKSHEET



| BALANCE WORKSHEET        |               |               |               |
|--------------------------|---------------|---------------|---------------|
| Balance                  | Right Leg     | Left Leg      | Difference    |
| Sharpened Romberg test   | _____ seconds | _____ seconds | _____ seconds |
| Stork-stand balance test | _____ seconds | _____ seconds | _____ seconds |

